11 July 2013 - The hot weather we have seen across the UK is set to continue over the weekend.

High pressure is still dominating the UK and this weekend will see more hot and sunny weather for much of the UK. Saturday will be the hottest day of the year with temperatures into the low 30s in parts of the south east. Elsewhere temperatures will be into the high 20s.

With the high temperatures expected this weekend the Met Office has issued a Level 2 Heat Health Alert for parts of England for Friday and into the weekend. High levels of UV are also expected across England.

Steve Willington, Chief Forecaster at the Met Office said: "Many parts of the UK will continue to see very high temperatures as we head over the weekend. We are expecting the hottest day of the year on Saturday with temperatures expected to reach over 30°C in parts of the south east. With strong UV levels for many areas as well it is important for people to keep up to date with our forecasts over the next few days."

The very warm temperatures could trigger isolated thunderstorms across parts of England and Wales on Saturday.

Amanda Park, Tourism Development Manager for Dorset said: "With the Met Office forecasting a glorious weekend of hot sunshine ahead, there's no better time to discover all that Dorset has to offer! Enjoy the varied beaches along the Jurassic Coast from Lyme Regis, to Weymouth and Studland. Or enjoy some fantastic events such as the Dorset Seafood Festival, the Swanage Jazz Festival or head inland for family fun attractions. Everything that Dorset has to offer can be found on our website ."

With our weather app, it is now even easier to access detailed up to date forecasts wherever and whenever you want.

The Met Office weather app is available for the iPhone, Android and Windows Phone 8. We have also this week launched an app for the Kindle Tablet.

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